



# **Steak Tacos with Blue Cheese & Red Pepper Relish**

These tacos are fun to make and eat! The sharp blue cheese contrasts beautifully against the steak and the relish. This is a high protein dish, rich in iron, and vitamin C. Watercress has more vitamin C than oranges (weight for weight). It's also particularly high in vitamin K - important for blood and bone health.

## **Nutritional Info**

Calories: 512 kcal Carbohydrates: 40.5 g

Protein: 30.5g Fat: 24.5 g

# **Ingredients**

- Striploin Steak Strips
- Taco Wraps
- Relish
- Blue Cheese
- Watercress
- Radishes
- Spring Onion
- Creme Fraiche

# **Your Pantry**

Olive Oil

## **Allergens**

Wheat (Wraps)

Milk (Creme Fraiche, Blue

Cheese)



Read the entire recipe from start to finish. Trust us! You'll be more familiar with the steps and cooking the dish will be a stroll in the park. Before you begin give the vegetables a quick rinse.



#### 1) Marinate the steak

Marinate the <u>steak</u> with a little olive oil, salt & pepper. Allow the steak to come to room temperature before cooking.

### 2) Prepare the vegetables

Finely slice the spring onions and pink radishes. Cut or crumble the <u>blue cheese</u> into small pieces. Place each in separate bowls.

#### 3) Cook the steak

Heat a non-stick frying pan on medium to high heat. Once hot, add the <u>steak strips</u>. Stir fry quickly to seal the meat all over then cook to your liking.

#### 4) Rest the steak

Allow the steak strips to rest for a couple of minutes.

#### 5) Assemble and serve!

Briefly warm the <u>taco wraps</u> in the microwave (about 20 seconds). Once warm, drizzle the base with <u>relish</u>. Lay the <u>steak</u> slices over, and garnish with the <u>spring onions</u>, <u>radishes</u>, <u>watercress</u>, and crumbled <u>blue cheese</u>. Drizzle with some <u>creme fraiche</u> and more <u>relish</u>, if you like.



